

ENTRANCE ANTIPHON *Ps 80: 17*
He fed them with the finest wheat
and satisfied them with honey from
the rock.

ENTRANCE HYMN

I am the Bread of life;
You who come to me shall not hunger;
and who believe in me shall not thirst.
No-one can come to me unless the
Father draw him.

*And I will raise you up,
and I will raise you up,
and I will raise you up on the last day.*

The bread that I will give
is my flesh for the life of the world,
and if you eat of this bread,
you shall live forever,
you shall live forever. **R.**

I am the Resurrection, I am the Life,
If you believe in me,
even though you die,
you shall live forever. **R.**

Yes, Lord, I believe
that you are the Christ,
the Son of God
who have come into the world. **R.**

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father
and the Lord Jesus Christ.

And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

Lord Jesus, you raise us to new life:
Lord, have mercy.

Lord, have mercy.

Lord Jesus, you forgive us our sins:
Christ, have mercy.

Christ, have mercy.

Lord Jesus, you feed us with your
body and blood: Lord, have mercy.
Lord, have mercy.

The absolution by the Priest follows:

May almighty God have mercy on us,
forgive us our sins
and bring us to everlasting life.

Amen.

THE MOST HOLY BODY AND BLOOD OF CHRIST



GLORIA

Glory to God in the highest,
and on earth peace to people of
good will.

We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great
glory,

**Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten
Son,**

**Lord God, Lamb of God, Son of the
Father,**

**you take away the sins of the world,
have mercy on us;**

**you take away the sins of the world,
receive our prayer;**

**you are seated at the right hand of
the Father,**

have mercy on us.

**For you alone are the Holy One,
you alone are the Lord,**

**you alone are the Most High,
Jesus Christ,**

with the Holy Spirit,

in the glory of God the Father.

Amen.

COLLECT

O God, who in this wonderful
Sacrament have left us a memorial of
your Passion, grant us, we pray,
so to revere the sacred mysteries of
your Body and Blood that we may
always experience in ourselves
the fruits of your redemption.

Who live and reign with God the
Father in the unity of the Holy Spirit,
God, for ever and ever.

Amen.

22nd June 2025

THE LITURGY OF THE WORD

SIT

FIRST READING

14:18-20

A reading from the book of Genesis

Melchizedek king of Salem brought
bread and wine; he was a priest of
God Most High. He pronounced this
blessing:

"Blessed be Abraham by God Most
High, creator of heaven and earth,
and blessed be God Most High for
handing over your enemies to you."

And Abraham gave him a tithe of
everything.

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM

Ps 109: 1-4. R.v.4

**R. You are a priest for ever,
a priest like Melchizedek of old.**

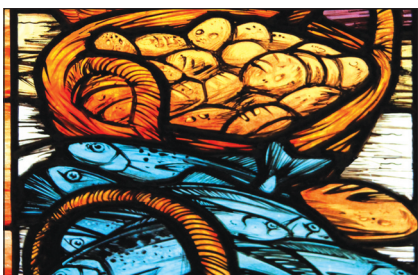
1. The Lord's revelation to my Master:
"Sit on my right:

I will put your foes beneath your
feet." **R.**

2. The Lord will send from Zion
your sceptre of power:
rule in the midst of all your foes. **R.**

3. A prince from the day of your birth
on the holy mountains;
from the womb before the daybreak
I begot you. **R.**

4. The Lord has sworn an oath he
will not change.
"You are a priest for ever,
a priest like Melchizedek of old." **R.**



SECOND READING 11:23-26

**A reading from the first letter of
St Paul to the Corinthians**

This is what I received from the Lord, and in turn passed on to you: that on the same night that he was betrayed, the Lord Jesus took some bread, and thanked God for it and broke it, and he said, "This is my body, which is for you; do this as a memorial of me." In the same way he took the cup after supper, and said, "This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me." Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord.

Thanks be to God.

— **STAND** —

SEQUENCE

Shorter version — May be said or sung.

**Behold the bread of angels, sent
For pilgrims in their banishment,
The bread for God's true children
meant,
That may not unto dogs be given:
Oft in the olden types foreshowed;
In Isaac on the altar bowed,
And in the ancient paschal food,
And in the manna sent from
heaven.**

**Come then, good shepherd, bread
divine,
Still show to us thy mercy sign;
Oh, feed us still, still keep us thine;
So may we see thy glories shine
In fields of immortality;**

**O thou, the wisest, mightiest, best,
Our present food, our future rest,
Come, make us each thy chosen
guest,
Co-heirs of thine, and comrades
blest
With saints whose dwelling is with
thee.**

ACCLAMATION

Jn 6:51-52

**Alleluia, alleluia!
I am the living bread
which has come down from heaven,
says the Lord.
Anyone who eats this bread
will live for ever.
Alleluia!**

GOSPEL

9:11-17

The Lord be with you.
And with your Spirit.
A reading from the holy
Gospel according to Luke.
Glory to you, O Lord.



Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, "Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here." He replied, "Give them something to eat yourselves." But they said, "We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people." For there were about five thousand men. But he said to his disciples, "Get them to sit down in parties of about fifty." They did so and made them all sit down. Then he took the five loaves and the two fish, raised his eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

— **STAND** —

PROFESSION OF FAITH

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;**

through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during the next two lines)
and by the Holy Spirit was incarnate
of the Virgin Mary, and became man.
For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and
the Son,
who with the Father and the Son is
adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the
forgiveness of sins and I look
forward to the resurrection of the
dead and the life of the world to
come.
Amen.

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

— **SIT** —

Raising the host, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the bread we offer
you: fruit of the earth and work of
human hands,
it will become for us the bread of life.
Blessed be God for ever.

*The priest pours wine and a little water
into the chalice, saying quietly:*

By the mystery of this water and wine
may we come to share in the divinity
of Christ,
who humbled himself to share in our
humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all
creation, for through your goodness
we have received the wine we offer
you: fruit of the vine and work of
human hands,
it will become our spiritual drink.
Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart
may we be accepted by you, O Lord,

and may our sacrifice in your sight this day be pleasing to you, O Lord.

Then the priest washes his hands, saying quietly:
Wash me, O Lord, from my iniquity;
and cleanse me from my sin.



Facing the people the priest says:

Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.

**May the Lord accept the sacrifice at
your hands
for the praise and glory of his name,
for our good, and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

Grant your Church, O Lord, we pray,
the gifts of unity and peace,
whose signs are to be seen in mystery
in the offerings we here present.
Through Christ our Lord.

Amen.

EUCCHARISTIC PRAYER II

PREFACE II of Most Holy Eucharist

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

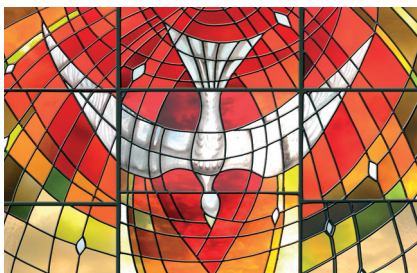
It is right and just.

It is truly right and just, our duty and
our salvation, always and everywhere
to give you thanks, Lord, holy Father,
almighty and eternal God, through
Christ our Lord.

For at the Last Supper with his
Apostles, establishing for the ages to
come the saving memorial of the
Cross, he offered himself to you as
the unblemished Lamb, the
acceptable gift of perfect praise.

Nourishing your faithful by this
sacred mystery, you make them holy,
so that the human race, bounded by
one world, may be enlightened by one
faith and united by one bond of
charity. And so, we approach the table
of this wondrous Sacrament, so that,
bathed in the sweetness of your
grace, we may pass over to the
heavenly realities here foreshadowed.

Therefore, all creatures of heaven
and earth sing a new song in
adoration,
and we, with all the host of Angels,
cry out, and without end we acclaim:



**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name
of the Lord.
Hosanna in the highest.**



You are indeed Holy, O Lord,
the fount of all holiness.

*The Priest joins his hands and, holding them
extended over the offerings, says:*

Make holy, therefore, these gifts, we
pray, by sending down your Spirit
upon them like the dewfall,
so that they may become for us
the Body ✠ and Blood of our Lord,
Jesus Christ.

At the time he was betrayed
and entered willingly into his Passion,
he took bread and, giving thanks,
broke it,
and gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT
OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was
ended, he took the chalice
and, once more giving thanks,
he gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND
DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY
BLOOD,
THE BLOOD OF THE NEW AND
ETERNAL COVENANT,
WHICH WILL BE POURED OUT FOR
YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.**

DO THIS IN MEMORY OF ME.

The mystery of faith

**When we eat this Bread and drink
this Cup, we proclaim your Death,
O Lord, until you come again.**

Then the Priest, with hands extended, says:

Therefore, as we celebrate the
memorial of his Death and
Resurrection, we offer you, Lord,
the Bread of life and the Chalice of
salvation,
giving thanks that you have held us
worthy to be in your presence and
minister to you.
Humbly we pray that, partaking of the
Body and Blood of Christ,
we may be gathered into one by the
Holy Spirit.

Remember, Lord, your Church,
spread throughout the world,
and bring her to the fullness of charity,
together with N. our Pope,
N. our Bishop, his assistant Bishop(s),
and all the clergy.

Remember also our brothers and
sisters who have fallen asleep in the
hope of the resurrection,
and all who have died in your mercy:
welcome them into the light of your
face.

Have mercy on us all, we pray,
that with the Blessed Virgin Mary,
Mother of God, with Blessed Joseph
her Spouse, with the blessed
Apostles,
and all the Saints who have pleased
you throughout the ages,
we may merit to be coheirs to eternal
life, and may praise and glorify you
through your Son, Jesus Christ.

*The Priest takes the chalice and the paten
with the host and, elevating both, he says:*

Through him, and with him, and in
him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.
Amen.



COMMUNION RITE



At the Saviour's command
and formed by divine teaching,
we dare to say:

Our Father, who art in heaven . . .

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours, now and for ever.

Lord Jesus Christ, who said to your Apostles: Peace I leave you, my peace I give you, look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will. Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and blood of our Lord Jesus Christ bring eternal life to us who receive it.

Meanwhile the people sing or say:

**Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: have mercy on us.
Lamb of God, you take away the sins of the world: grant us peace.**



The priest says quietly:

May the receiving of your Body and Blood, Lord Jesus Christ, not bring me to judgment and condemnation, but through your loving mercy be for me protection in mind and body, and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God, behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

And together with the people he says once:

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

May the Body of Christ keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:

May the Blood of Christ keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.

Amen.

COMMUNION ANTIPHON Jn 6: 57

Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

COMMUNION HYMN

*Eat this bread, drink this cup,
come to me and never be hungry.
Eat this bread, drink this cup,
trust in me and you will not thirst.*

**I am the Bread of Life,
the true bread sent from the Father.**

**Your ancestors ate manna in the desert,
but this is the bread come down from heaven.**

**Eat my flesh, and drink my blood,
and I will raise you up on the last day.**

**Anyone who eats this bread
will live for ever.**

**If you believe and eat this bread
you will have eternal life.**

PRIVATE PRAYER AFTER COMMUNION

Lord Jesus, you are the living bread that has come down from heaven. You have called me to your table. I have received your flesh to eat and your blood to drink in Communion. Stay with me; strengthen me with this bread from heaven that I may walk in your paths. Keep me in union with you all my days on earth so that I may live with you for ever in heaven.



STAND

PRAYER AFTER COMMUNION

Grant, O Lord, we pray, that we may delight for all eternity in that share in your divine life, which is foreshadowed in the present age by our reception of your precious Body and Blood. Who live and reign for ever and ever. **Amen.**

CONCLUDING RITES

The Lord be with you.
And with your spirit.

Bow down for the blessing – No13

May the effects of your sacred blessing, O Lord, make themselves felt among your faithful, to prepare with spiritual sustenance the minds of all, that they may be strengthened by the power of your love to carry out works of charity. Through Christ our Lord.

And may the blessing of almighty God, the Father, and the Son, and the Holy Spirit, come down on you and remain with you forever. **Amen.**

Go forth, the Mass is ended,
Thanks be to God.

RECESSIONAL HYMN

**God's Spirit is in my heart.
He has called me and set me apart.
This is what I have to do,
what I have to do.**

*He sent me to give
the Good News to the poor,
tell pris'ners that
they are pris'ners no more,
tell blind people that they can see,
and set the downtrodden free,
and go tell ev'ryone
the news that
the kingdom of God has come,
and go tell ev'ryone
the news that God's kingdom has come.*