

SIXTEENTH SUNDAY IN ORDINARY TIME

STAND

ENTRANCE ANTIPHON *Ps 53: 6, 8*

See, I have God for my help.
The Lord sustains my soul.
I will sacrifice to you with willing
heart, and praise your name, O
Lord, for it is good.

ENTRANCE HYMN

*God bids us welcome to his House
And he invites us to His Feast
Day of great joy and happiness, Alleluia!*

Great was my joy when I was told
Let us approach to God's abode
That's in the City of the Lord. **R.**

Let us approach unto the Feast
To which the Lord invites us all
And eat the bread which gives us life. **R.**

Christ is the Sun which brings the dawn
He is the Light of all the world
Setting us free from death and sin. **R.**

Christ is alive, with joy we sing
We celebrate our Risen Lord
Praising the glory of His name. **R.**

Priest: In the name of the Father and
of the Son, and of the Holy
Spirit.

People: **Amen.**

Grace to you and peace from God our
Father
and the Lord Jesus Christ.
And with your spirit.

PENITENTIAL ACT

Brethren (Brothers and sisters),
let us acknowledge our sins,
and so prepare ourselves to
celebrate the sacred mysteries.

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned,
in my thoughts and in my words,
in what I have done and in what I have
failed to do,

Striking your breast as you say:

through my fault, through my fault,
through my most grievous fault;

therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.



The absolution by the priest follows:

May almighty God have mercy on us,
forgive us our sins,
and bring us to everlasting life. **Amen.**

Lord have mercy. **Lord have mercy.**
Christ have mercy. **Christ have mercy.**
Lord have mercy. **Lord have mercy.**

GLORIA

Glory to God in the highest,
and on earth peace to people of
good will.
**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great
glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten
Son,
Lord God, Lamb of God, Son of the
Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of
the Father,
have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**



20th July 2025

COLLECT

Show favour, O Lord, to your servants
and mercifully increase the gifts of
your grace, that, made fervent in
hope, faith and charity, they may be
ever watchful in keeping your
commands.

Through our Lord Jesus Christ,
your Son, who lives and reigns with
you in the unity of the Holy Spirit,
God, for ever and ever.

Amen.

THE LITURGY OF THE WORD

SIT

FIRST READING

18:1-10

A reading from the book of Genesis

The Lord appeared to Abraham at the
Oak of Mamre while he was sitting by
the entrance of the tent during the
hottest part of the day. He looked up,
and there he saw three men standing
near him. As soon as he saw them he
ran from the entrance of the tent to
meet them, and bowed to the ground.
“My Lord,” he said, “I beg you, if I find
favour with you, kindly do not pass
your servant by. A little water shall be
brought; you shall wash your feet and
lie down under the tree. Let me fetch
a little bread and you shall refresh
yourselves before going further. That
is why you have come in your
servant's direction.” They replied, “Do
as you say.”

Abraham hastened to the tent to
find Sarah. “Hurry,” he said, “knead
three bushels of flour and make
loaves.” Then running to the cattle
Abraham took a fine and tender calf
and gave it to the servant, who
hurried to prepare it. Then taking
cream, milk and the calf he had
prepared, he laid all before them, and
they ate while he remained standing
near them under the tree.

“Where is your wife Sarah?” they
asked him. “She is in the tent,” he
replied. Then his guest said, “I shall
visit you again next year without fail,
and your wife will then have a son.”

The word of the Lord.

Thanks be to God.

RESPONSORIAL PSALM*Ps 14:2-5.R.v.1***R. The just will live in the presence of the Lord.**

1. Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart;
he who does not slander with his tongue. **R.**
2. He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in disdain,
but honours those who fear the Lord. **R.**
3. He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm forever. **R.**

SECOND READING*1:24-28***A reading from the letter of St. Paul to the Colossians**

It makes me happy to suffer for you, as I am suffering now, and in my own body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

The word of the Lord.

Thanks be to God.**STAND****ACCLAMATION** *cf. Acts 16:14***Alleluia, alleluia!**

**Open our heart, O Lord,
to accept the words of your Son,
Alleluia!**

GOSPEL*10:38-42*

The Lord be with you.
And with your spirit.
A reading from the holy
Gospel according to Luke.
Glory to you, O Lord.



Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, "Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me." But the Lord answered: "Martha, Martha," he said, "you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.**STAND****PROFESSION OF FAITH**

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made, consubstantial
with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
(All bow during the next three lines)
and by the Holy Spirit was incarnate
of the Virgin Mary,
and became man.
For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the
Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and
the Son,**

**who with the Father and the Son is
adored and glorified,
who has spoken through the
prophets.
I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the
forgiveness of sins
and I look forward to the
resurrection of the dead
and the life of the world to come.
Amen.**

PRAYER OF THE FAITHFUL**LITURGY OF THE EUCHARIST****ST****Raising the host, the priest says:**

Blessed are you, Lord, God of all creation, for through your goodness we have received the bread we offer you: fruit of the earth and work of human hands,
it will become for us the bread of life.
Blessed be God for ever.

The priest pours wine and a little water into the chalice, saying quietly:

By the mystery of this water and wine may we come to share in the divinity of Christ,
who humbled himself to share in our humanity.

Raising the chalice, the priest says:

Blessed are you, Lord, God of all creation, for through your goodness we have received the wine we offer you: fruit of the vine and work of human hands,
it will become our spiritual drink.
Blessed be God for ever.

Bowing the priest says quietly:

With humble spirit and contrite heart may we be accepted by you, O Lord, and may our sacrifice in your sight this day be pleasing to you, O Lord.

Then the priest washes his hands, saying quietly:

Wash me, O Lord, from my iniquity;
and cleanse me from my sin.

STAND**Facing the people the priest says:**

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at
your hands for the praise and glory
of his name,
for our good, and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

O God, who in the one perfect sacrifice brought to completion varied offerings of the law, accept, we pray, this sacrifice from your faithful servants and make it holy, as you blessed the gifts of Abel, so that what each has offered to the honour of your majesty may benefit the salvation of all. Through Christ our Lord.
Amen.

EUCCHARISTIC PRAYER II **PREFACE I Ordinary Time**

The Lord be with you.

And with your Spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.

For through his Paschal Mystery, he accomplished the marvellous deed, by which he has freed us from the yoke of sin and death, summoning us to the glory of being now called a chosen race, a royal priesthood, a holy nation, a people for your own possession, to proclaim everywhere your mighty works, for you have called us out of darkness into your own wonderful light.

And so, with Angels and Archangels, with Thrones and Dominions, and with all the hosts and Powers of heaven, we sing the hymn of your glory, as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name
of the Lord.
Hosanna in the highest.**



◀ KNEEL ▶

You are indeed Holy, O Lord,
the fount of all holiness.

*The Priest joins his hands and, holding them
extended over the offerings, says:*

Make holy, therefore, these gifts, we pray,
by sending down your Spirit upon them like the dewfall,
so that they may become for us
the Body ✠ and Blood of our Lord,
Jesus Christ.

At the time he was betrayed
and entered willingly into his Passion,
he took bread and, giving thanks,
broke it,
and gave it to his disciples, saying:

**TAKE THIS, ALL OF YOU, AND EAT
OF IT,
FOR THIS IS MY BODY,
WHICH WILL BE GIVEN UP FOR YOU.**

In a similar way, when supper was
ended, he took the chalice,
and, giving you thanks, he said the
blessing,
and gave the chalice to his disciples,
saying:

**TAKE THIS, ALL OF YOU, AND
DRINK FROM IT,
FOR THIS IS THE CHALICE OF MY
BLOOD,
THE BLOOD OF THE NEW AND
ETERNAL COVENANT,
WHICH WILL BE POURED OUT FOR
YOU AND FOR MANY
FOR THE FORGIVENESS OF SINS.**

DO THIS IN MEMORY OF ME.

The mystery of faith

**Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.**

Then the Priest, with hands extended, says:

Therefore, as we celebrate the
memorial of his Death and
Resurrection, we offer you, Lord,
the Bread of life and the Chalice of
salvation,
giving thanks that you have held us
worthy
to be in your presence and minister to you.

Humbly we pray
that, partaking of the Body and Blood
of Christ,
we may be gathered into one by the
Holy Spirit.

Remember, Lord, your Church,
spread throughout the world,
and bring her to the fullness of charity,
together with Leo, our Pope,
N. our Bishop, his assistant Bishop(s),
and all the clergy.

Remember also our brothers and
sisters
who have fallen asleep in the hope of
the resurrection,
and all who have died in your mercy:
welcome them into the light of your
face.

Have mercy on us all, we pray,
that with the Blessed Virgin Mary,
Mother of God, with blessed Joseph,
her Spouse, with the blessed Apostles
and with all the Saints who have
pleased you throughout the ages,
we may merit to be coheirs to eternal
life,
and may praise and glorify you
through your Son, Jesus Christ.

*The Priest takes the chalice and the paten
with the host and, elevating both, he says:*

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.
Amen.

COMMUNION RITE

◀ STAND ▶

At the Saviour's command
and formed by divine teaching,
we dare to say:

Our Father, who art in heaven . . .



Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.

For the kingdom, the power and the glory are yours, now and for ever.

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give
you, look not on our sins,
but on the faith of your Church,
and graciously grant her peace and
unity in accordance with your will.
Who live and reign for ever and ever.
Amen.

The peace of the Lord be with you
always.

And with your Spirit.

The priest may add these or similar words.

Let us offer each other the sign of peace.

The priest places a small piece of the host in the chalice saying quietly:

May this mingling of the body and
blood of our Lord Jesus Christ
bring eternal life to us who receive it.

Meanwhile the people sing or say:

**Lamb of God, you take away the
sins of the world: have mercy on us.
Lamb of God, you take away the
sins of the world: have mercy on us.
Lamb of God, you take away the
sins of the world: grant us peace.**



The priest says quietly:

May the receiving of your Body and
Blood, Lord Jesus Christ,
not bring me to judgment and
condemnation,
but through your loving mercy
be for me protection in mind and body,
and a healing remedy.

Raising the host the priest says:

Behold the Lamb of God,
behold him who takes away the sins of
the world.
Blessed are those called to the supper
of the Lamb.

And together with the people he says once:

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

May the Body of Christ
keep me safe for eternal life.

The Priest reverently consumes the Body of Christ.

Then he takes the chalice and says quietly:

May the Blood of Christ
keep me safe for eternal life.

The Priest raises a host slightly and shows it to each of the communicants, saying:

The Body of Christ.

Amen.

COMMUNION ANTIPHON Ps 110: 4-5

**The Lord, the gracious, the
merciful, has made a memorial of
his wonders; he gives food to those
who fear him.**

COMMUNION HYMN

Love is his word, love is his way,
Feasting with kin, fasting alone,
Living and dying, rising again,
Love, only love, is his way.

*Richer than gold is the love of my Lord:
Better than splendour and wealth.*

Love is his way, love is his mark,
Sharing his last Passover feast,
Christ at his table, host to the twelve,
Love, only love, is his mark.

Love is his mark, love is his sign,
Bread for our strength, wine for our joy,
"This is my body, this is my blood,"
Love, only love, is his sign.

Love is his sign, love is his news,
"Do this," he said, "lest you forget
all my deep sorrow, all my dear blood."
Love, only love, is his news.

Love is his news, love is his name,
We are his own, chosen and called,
Family, brethren, cousins and kin.
Love, only love, is his name.

PRIVATE PRAYER AFTER COMMUNION

Lord Jesus, You are the head of your
body, the Church.

You are always with your people.
May we feel your presence. As you
came to the home of Martha and Mary
so you have come to me in
Communion.

Like the two sisters I welcome you.
Martha was busy to feed you. Mary

sat down at your feet: she was busy
listening. Martha offered food: Mary
gave you friendship.

After Communion I must spend time
in your presence. But then I must go
and be busy like Martha, and it is in
my daily work that I do what I can to
make up all that has still to be
undergone by you for the sake of your
body, the Church.

But at all times I must try to be
aware of your presence and at times,
like Mary, I must come and sit down at
your feet and listen to you and talk to
you.



PRAYER AFTER COMMUNION

Graciously be present to your people,
we pray, O Lord,
and lead those you have imbued with
heavenly mysteries to pass from
former ways to newness of life.
Through Christ our Lord.

Amen.

CONCLUDING RITES



The Lord be with you.

And with your spirit.

Bow head for the blessing – short silence

May almighty God bless you:
the Father, and the Son,
and the Holy Spirit,
Amen.

Go forth, the Mass is ended,
Thanks be to God.

RECESSIONAL HYMN

**How lovely on the mountains
are the feet of him
who brings good news, good news,
announcing peace,
proclaiming news of happiness:
our God reigns, our God reigns.**

Our God reigns. (x4)

**You watchmen, lift your voices
joyfully as one,
shout for your King, your King!
See eye to eye,
the Lord restoring Zion:
our God reigns, our God reigns.**

Our God reigns. (x4)