

PARISH OF DROMORE

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The Baptism of The Lord

All Masses and ceremonies are broadcast live on Facebook (www.facebook.com/stcolmans)

Sunday masses

All Saints, Ballela: 9.45 am

St Colman's, Dromore: 11.00 am

Weekday masses

Mon – No Mass

Tues, Fri – 9.30am, St Colman's Dromore

Sat – 10.00 am St Colman's Dromore – mass and exposition of the Blessed Sacrament

Ballela – Thurs 7pm

Ballela Anniversaries

Sun 9: None

Sun 16: Deceased members of The McAleenan Family Ednego

Dromore Anniversaries

Sun 9: William Cappa; Frankie Hamilton; James McEvoy

Sun 16: Hugh Eadie

Recently Deceased

Edward (Eddie) McGrath, Castlevannon Rd.

The Feasts of the Epiphany

The Epiphany is the manifestation of Jesus as Messiah of Israel, Son of God and Saviour of the world. The Magnificat antiphon at Evening Prayer for the feast states: "Three wonders mark this day we celebrate: today the star led the Magi to the manger; today water was changed into wine at the marriage feast; today Christ desired to be baptised by John in the river Jordan to bring us salvation."

We celebrate the Lord's epiphany over three separate feasts – last Thursday, we marked the visit of the magi, this Sunday we celebrate the Baptism of the Lord, and next Sunday we will remember the Wedding Feast of Cana. May we continue to experience the manifestation of the good news of our salvation in the weeks and months of the year ahead.

Ballela GAC Lotto

Thurs 6th January : 4 6 10 23

No Jackpot winners: £10 winner's Peter Cosgrave & Peter Rooney.

9th January 2022

Pilates Classes St Colmans Hall

Ready to get moving in 2022? How would it feel if you could move more freely, because your body is flexible and strong? You improved your posture, mobility and even back pain by learning how to move better? You could avoid injury and carry on with activities you love? You made time for your wellbeing...

All Active Pilates classes are back this week in St Colman's church hall. There are classes for all ability levels from Physio flow, a gentle class suitable for beginners to the Pilates fit class, a higher level fitness based class.

The class times in St Colmans are as follows ...

Monday 6pm Pilates fit (intermediate level - not suitable for those with pain or injury)

Tuesday 9.30am Physio fit (intermediate level)

Tuesday 10.45am Physio flow (gentle, beginner level)

Friday 9.30am Physio active (mixed ability)

To book or find out more contact Andrea at 07719176265 or

hello@allactivepilatesandphysio.co.uk

Other Activities in St Colmans Hall

Monday – Boot Camp Life 6am – 6.45am

Tuesday - Irish Dancing 7pm-8.15pm

Wed – Boot Camp Life– 6am -6.45am

Taekwondo - 4.30 – 7.30pm

Fri – Boot Camp Life-6am – 6.45am

Fri – Spin Class – 6.30pm-7.15pm

Sat – Spin Class – 8.30am-9.15am

John Paul II Awards

Are you 16 years old, plus? Have you considered signing up for the Pope John Paul II Award – a great way to meet like-minded people, to grow in faith, to help others – to make a difference. It will open doors of opportunity, World Youth Day to Portugal 2023, our own home Pilgrimages, Croagh Patrick's, volunteer at Knock and much more. For more information email Frances at

youthdirector@dromorediocese.org

We have similar opportunities for past and present JP2 participants and for young adults 18 – 25 years old – Leadership, peer mentoring, social actions projects, prayer together and much more guided by your own ideas - register your interest via email above.